**Riverside H.S P.E. Daily Performance Rubric**

The majority of a student’s grade is derived from their daily active participation in the classroom setting.  For this reason, students need to actively participate in all class activities to earn credit towards the performance portion of their grade.  In order to participate, students need to be dressed appropriately for physical activity, **including athletic footwear (Sneakers**).  Students can then maximize their daily grade through active participation, engagement in skill development, and demonstration of appropriate social behaviors (respect, sportsmanship, etc.).Arriving on time, participating fully, and demonstrating appropriate social behaviors is required to receive maximum daily points.

**Daily Performance Grade (0-5 points per day)**

**5 points**

Demonstrates highly active participation, self-motivated.

Demonstrates and models positive behavior and attitude.

Demonstrates active engagement in skill and fitness development during class.

Demonstrates the ability to evaluate and assess strategies and rules associated with the game/activity.

**4 points**

Demonstrates active participation in class activity, needs no encouragement.

Demonstrates appropriate positive behavior and attitude.

Demonstrates and understands the need for active skill acquisition and fitness development.

Demonstrates an understanding of the rules and can apply them to the game/activity.

**3 points**

Demonstrates some participation in class with encouragement.

Demonstrates appropriate behavior or attitude.
Demonstrates some willingness and effort to improving skill and personal fitness levels.

Demonstrates an understanding of the rules and the ability to follow some of them in the game/activity.

**2 points**

Demonstrates engagement in activity for only a short period of time and/or needs frequent encouragement to engage in activity.

Demonstrates appropriate behavior or attitude on an inconsistent basis.

Demonstrates limited willingness to engage in skill and fitness development.

Demonstrates limited understanding of the rules of the game/activity.

**1 point**

Demonstrates little or no participation despite encouragement.

Demonstrates poor behavior and attitude; disrupts class.

Demonstrates no willingness to improve skills or fitness levels.

Demonstrates little or no knowledge of the rules of the game/activity.

**0 points**

Student is in class but unprepared, or student is absent from class due to illness or other excused reason. Under either of these circumstances, class may be made up by the end of the Marking Period.

Student is absent from class for an unexcused reason or cutting violation. No makeup is possible; daily points are forfeited.

* **There will be a written exam at the end of each marking period and will count for 10% of your final grade (that includes Midterm and Final Exams). Physical Fitness Assessments take place three times a year.**

**Physical Education Staff: Mr. Escoto, Mr. Felice, Mr. Ferranto, Mr. Murray**

**Riverside High School**

**Physical Education Requirements and Guidelines**

**Course Objective:** Students will gain the knowledge and skills necessary to participate in a variety of lifelong physical activities and sport. Students will be empowered to develop skills, knowledge and confidence to ensure a healthy active lifestyle.

**1. Physical Education is a required course**. All students must complete a .5 credit each year of Physical Education (2 credits total) in order to graduate.

**2. Attendance:** A. **Attendance is essential in order to be successful in Physical Education.**

 B. **3 Legal absences** from class may be made up each quarter as determined by your physical education teacher.

 C. Students are expected to be on time for class. Constant tardiness and leaving class early without permission will result in loss of points. You must be present for the entire class period to receive full credit. Excessive absences and or lateness will lead to a **failing grade**.

**3. Class Preparation:** A. Students are **NOT** required to change for PE class but **MUST WEAR SNEAKERS in order to participate in class, and receive full credit.**

 B. Wearing jewelry in class is a safety hazard.

 C. No headgear unless for religious or medical reason. **No Hats or Hoodies.**

**4. Participation:** A. Students are expected to participate for an **entire class period** in order to receive full credit. Only partial credit will be given to those students who do not participate in the warm up activity.

**5. Medical Excuses:** A. Any student who has a medical situation that prevents him/her from participating MUST provide a written doctor’s note to the school nurse. A doctor’s note will also be required to resume physical activity. **Students will be assigned a written assignment to be determined by your PE teacher.**

**6. Bathroom Policies:** Bathroom use will not be allowed during the first 10 minutes of class and the last 10 minutes of class.

**7. General Policies:** A. Food, candy, and beverages of any kind are not allowed in the gym.

 B. No electronic devices of any kind such as phones, ipods, ipads, and or head phones during activity.

 C. Please make sure all valuables and belongings are secure in a safe place.

**8**. **Athletics**: Athletics is an extension of the Physical Education curriculum. Students must be passing Physical Education in order to play on a sports team.

**9. Seasonal Activities: Fall Season**: Flag Football; Soccer; Fitness; Weight Room; (Walking)-**Outdoor activities will take place at Trevor Park.** **Indoor:** Volleyball, Fitness Assessments. **Winter:** Basketball, Badminton, Volleyball, European Handball; Fitness Assessments. Spring: **OUTDOOR-(Trevor Park)**-Softball, Baseball, Tennis, Ultimate Frisbee; **INDOOR**:WhiffleBall; Fitness Assessments; Weight Room.